



## Helpful information BEFORE you begin BOTOX® treatment

### BOTOX® therapy is a commitment to fight Adult Spasticity with everything you've got

Treatments like BOTOX® are often an important part of an Adult Spasticity treatment plan. It may take a few sessions for your doctor to find the best approach and dose for you, so it's important to stay committed to your treatment regimen. Before you leave the doctor's office, be sure to schedule your 4- to 6-week follow-up appointment and your next BOTOX® treatment session in at least 12 weeks (once the previous treatment wears off).



It's a procedure that's usually done in the exam room



We use a very fine needle

### Affected muscles will be injected

There are key muscles and injection sites that have been proven to work in 6 separate clinical studies. You and your doctor will discuss which muscles are best to inject and how many injections you will receive based on your treatment goals and condition.



## Side effects

The most common side effects in upper limb spasticity include nausea, tiredness, bronchitis, pain in extremity, and muscle weakness. The most common side effects in lower limb spasticity include joint pain, back pain, muscle pain, respiratory infection, and injection-site pain.

Visit [BOTOXSpasticity.com](http://BOTOXSpasticity.com) for more information

### IMPORTANT SAFETY INFORMATION (continued)

BOTOX® may cause loss of strength or general muscle weakness, vision problems, or dizziness within hours to weeks of taking BOTOX®. **If this happens, do not drive a car, operate machinery, or do other dangerous activities.**

**Do not receive BOTOX® if you:** are allergic to any of the ingredients in BOTOX® (see Medication Guide for ingredients); had an allergic reaction to any other botulinum toxin product such as *Myobloc*® (rimabotulinumtoxinB), *Dysport*® (abobotulinumtoxinA), or *Xeomin*® (incobotulinumtoxinA); have a skin infection at the planned injection site.

## Helpful information AFTER you begin BOTOX® treatment

It's important to listen to your doctor and come back as directed



### Treatment

- You may start to feel results around a few weeks after injection
- You may come in for a follow-up visit about 4 to 6 weeks after your first injection
- We may need to adjust your BOTOX® dose and the muscles we inject based on your response over time



### Follow-up

- We will examine your arm/leg to see if there has been any improvement following your treatment session
- You can ask any questions you might have about your treatment plan
- We will confirm your appointment for the next treatment session



### 4- to 6-Week Follow-up

- We will examine your arm/leg to see if there has been any improvement following your treatment session
- You can ask any questions you might have about your treatment plan
- We will confirm your appointment for the next treatment session

### Retreatment

- We will talk about how you responded to treatment
- We will determine how much BOTOX® you need and which muscles to inject based on how you're doing
- Once the injection is completed, you'll want to schedule your next follow-up appointment and BOTOX® treatment session before you leave



Each patient is different and it may take a few sessions to find the best approach and dose. Getting treated on a regular basis may help us find the right dose to use and muscles to treat. It is important for you to come back no sooner than 12 weeks, once the previous treatment has worn off.

### IMPORTANT SAFETY INFORMATION (continued)

**The dose of BOTOX® is not the same as, or comparable to, another botulinum toxin product.**

**Serious and/or immediate allergic reactions have been reported** including itching, rash, red itchy welts, wheezing, asthma symptoms, or dizziness or feeling faint. Get medical help right away if you experience symptoms; further injection of BOTOX® should be discontinued.

**Tell your doctor about all your muscle or nerve conditions** such as ALS or Lou Gehrig's disease, myasthenia gravis, or Lambert-Eaton syndrome, as you may be at increased risk of serious side effects including difficulty swallowing and difficulty breathing from typical doses of BOTOX®.

**Tell your doctor if you have any breathing-related problems.** Your doctor may monitor you for breathing problems during your treatment with BOTOX® for spasticity. The risk of developing lung disease in patients with reduced lung function is increased in patients receiving BOTOX®.

**Bronchitis and upper respiratory tract infections (common colds) have been reported.** Bronchitis was reported more frequently in adults receiving BOTOX® for upper limb spasticity. Upper respiratory infections were also reported more frequently in adults with prior breathing related problems with spasticity.

**Tell your doctor about all your medical conditions, including if you:** have or have had bleeding problems; have plans to have surgery; had surgery on your face; weakness of forehead muscles; trouble raising your eyebrows; drooping eyelids; any other abnormal facial change; are pregnant or plan to become pregnant (it is not known if BOTOX® can harm your unborn baby); are breastfeeding or plan to (it is not known if BOTOX® passes into breast milk).

**Please see additional Important Safety Information about BOTOX® on back page.**

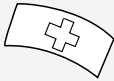
## Ways to stay on track



Schedule and set a reminder for your next BOTOX® appointment



Visit [BOTOXspasticity.com](http://BOTOXspasticity.com) to take advantage of available BOTOX® support services



Continue with **additional treatment**, as directed by your doctor



Call your doctor with any questions between treatments

### IMPORTANT SAFETY INFORMATION (continued)

**Tell your doctor about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Using BOTOX® with certain other medicines may cause serious side effects. **Do not start any new medicines until you have told your doctor that you received BOTOX® in the past.**

Tell your doctor if you received any other botulinum toxin product in the last 4 months; have received injections of botulinum toxin such as *Myobloc*®, *Dysport*®, or *Xeomin*® in the past (tell your doctor exactly which product you received); have recently received an antibiotic injection; take muscle relaxants; take an allergy or cold medicine; take a sleep medicine; take aspirin-like products or blood thinners.

**Other side effects of BOTOX® include:** dry mouth, discomfort or pain at the injection site, tiredness, headache, neck pain, eye problems: double vision, blurred vision, decreased eyesight, drooping eyelids, swelling of your eyelids, dry eyes; drooping eyebrows.

For more information refer to the Medication Guide or talk with your doctor.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

**Please see accompanying Summary of Information about BOTOX®**

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## Summary of Information about BOTOX® (onabotulinumtoxinA) for Spasticity

### What is the most important information I should know about BOTOX®?

**BOTOX® may cause serious side effects that can be life threatening. Call your doctor or get medical help right away if you have any of these problems any time (hours to weeks) after injection of BOTOX®:**

- **Problems swallowing, speaking, or breathing**, due to weakening of associated muscles, can be severe and result in loss of life. You are at the highest risk if these problems are pre-existing before injection. Swallowing problems may last for several months
- **Spread of toxin effects.** The effect of botulinum toxin may affect areas away from the injection site and cause serious symptoms including: loss of strength and all-over muscle weakness, double vision, blurred vision and drooping eyelids, hoarseness or change or loss of voice, trouble saying words clearly, loss of bladder control, trouble breathing, and trouble swallowing

BOTOX® may cause loss of strength or general muscle weakness, vision problems, or dizziness within hours to weeks of taking BOTOX®. **If this happens, do not drive a car, operate machinery, or do other dangerous activities.**

**BOTOX® dosing units are not the same as, or comparable to, any other botulinum toxin product.**

### What is BOTOX®?

BOTOX® is a prescription medicine that is injected into muscles to treat increased muscle stiffness in people 2 years of age and older with spasticity.

BOTOX® has not been shown to help people perform task-specific functions with upper limbs or increase movement in joints that are permanently fixed in position by stiff muscles.

### Who should not receive BOTOX®?

Do not receive BOTOX® if you are: allergic to any of the ingredients in BOTOX® such as botulinum toxin type A and human serum albumin; had an allergic reaction to another botulinum toxin product such as *Myobloc*® (rimabotulinumtoxinB), *Dysport*® (abobotulinumtoxinA), or *Xeomin*® (incobotulinumtoxinA); or have a skin infection at the planned injection site.

### What should I tell my doctor before treatment?

Tell your doctor about all your muscle or nerve conditions, such as amyotrophic lateral sclerosis

(Lou Gehrig's disease), myasthenia gravis, or Lambert-Eaton syndrome, as you may be at increased risk of serious side effects.

Tell your doctor if you have or have had breathing problems such as asthma or emphysema; swallowing problems; bleeding issues; plan to or have had surgery; have forehead muscle weakness such as trouble raising your eyebrows; drooping eyelids; or any changes to your face.

Tell your doctor if you are pregnant, plan to become pregnant, are breastfeeding or plan to breast feed. It is not known if BOTOX® can harm your unborn baby or if BOTOX® passes into breast milk.

### What are common side effects?

#### Adult Upper Limb Spasticity:

The most common side effects include nausea; tiredness; bronchitis; pain in extremity; and muscle weakness.

#### Adult Lower Limb Spasticity:

The most common side effects include joint pain; back pain; muscle pain; upper respiratory tract infection; and injection-site pain.

#### Pediatric Upper Limb Spasticity:

The most common side effects include upper respiratory infection (including viral upper respiratory infection), stuffy and runny nose, injection-site pain, constipation, nausea, and seizure (including partial seizure).

#### Pediatric Lower Limb Spasticity:

The most common side effects include skin redness or pain at the injection site, mouth/throat pain, joint sprain, skin wounds, and decreased appetite.

Other side effects have been reported including allergic reactions (eg, itching, rash, red itchy welts, wheezing, asthma symptoms, or dizziness or feeling faint).

These are not all of the possible side effects. Call your doctor for medical advice if you experience any side effects after treatment with BOTOX®.

### What should I tell my doctor about medicines and vitamins I take?

Using BOTOX® with certain other medicines may cause serious side effects. **Do not start any new medicines until you have told your doctor that you have received BOTOX® in the past.** Tell your doctor if you have received an injection with another botulinum toxin product in the last 4 months, such as *Myobloc*®, *Dysport*®, or *Xeomin*®. Be sure your doctor knows which product you received.

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Tell your doctor about all prescription and over-the-counter medicines, vitamins, and herbal supplements you take; recent antibiotic injections; anticholinergics; muscle relaxants; allergy or cold medicine; sleep medicine; aspirin-like products; and blood thinners. **Ask your doctor if you are not sure whether your medicine is listed above.**

**To learn more**

If you would like more information, talk to your doctor and/or go to [Botox.com](http://Botox.com) for full Product Information.

You may report side effects to the FDA at [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

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Patented. See: <https://www.allergan.com/about/patent-notice>

